

FAMILY



CRAFTED

# MARATHON

**chicken patties**<sup>®</sup>

MEDITERRANEAN STYLE



NO  
ARTIFICIAL  
INGREDIENTS

CHICKEN  
RAISED  
WITHOUT  
ANTIBIOTICS

24g  
PROTEIN PER  
SERVING

GLUTEN  
FREE

Our Mediterranean Style Chicken Patties are made with all white meat chicken breast, roasted red pepper, red onion, feta cheese, spinach and extra virgin olive oil. Learn more about our other products and recipes at [marathonhealthyfoods.com](https://marathonhealthyfoods.com).

# MARATHON CHICKEN PATTIES® - MEDITERRANEAN STYLE

<b>PRODUCT CODE:</b>	<b>5530</b>
UPC Code:	0 41006 05530 4
<b>Product Description:</b>	Mediterranean Chicken Patties 3:1
<b>Meat Type:</b>	Chicken Breast Meat
<b>Pack Size:</b>	6 lbs (18ea. 1/3 lb patties/box)
<b>Shipping Case:</b>	11" x 6" x 6"
<b>Case Net Weight (lb):</b>	6 lbs
<b>Ship Weight (lb):</b>	6.5 lbs
<b>Case Cube (ft):</b>	0.23
<b>Pallet</b>	144 cases
<b>Pallet Weight (lb):</b>	936 lbs
<b>Tier/High:</b>	18 x 8
<b>Storage:</b>	Frozen
<b>Shelf Life:</b>	6 months

## Nutrition Facts

6 servings per container  
**Serving size 1 Patty (151g)**

**Amount Per Serving**  
**Calories 190**

	% Daily Value*
<b>Total Fat</b> 9g	<b>12%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 80mg	<b>27%</b>
<b>Sodium</b> 470mg	<b>20%</b>
<b>Total Carbohydrate</b> 3g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 24g	<b>48%</b>
Vitamin D 0mcg	0%
Calcium 62mg	4%
Iron 1mg	6%
Potassium 381mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## COOKING INSTRUCTIONS:

### Grill, Stove Top or Broiler:

Do not defrost chicken patties. Lightly oil grill, skillet, or broiler pan. Cook over medium heat for 5-6 minutes per side until fully cooked to 165°F.

*Cooking times are approximate, appliances may vary. Always cook chicken patties to a uniform internal temperature of 165°F. Do not defrost chicken patties before cooking.*

## INGREDIENTS:

Chicken Breast, Red Onion, Roasted Red Peppers (Red Bell Peppers, Water, Salt, Citric Acid), Feta Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Spinach, Extra Virgin Olive Oil, Water, Spices, Sea Salt, Natural Flavors.

**Contains:** Milk